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onment and Public Health

15.45 - 16.15 Welcome by local authorities and representatives of the Bavarian State Ministry of the Envi-

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Hergatz - Immenstadt	TRAIN RE 95959	15:04	6E:SI
Lindau - Hergatz	TRAIN R 95977	โ4:4โ	82:41
Bregenz — Lindau	TRAIN RE 5570	91:41	14:28
St. Margrethen - Bregenz	TRAIN RE 5768	13:54	80:4r
Lanquart - St. Margrethen	TRAIN RE 3828	12:33	13:28
Saglians - Landquart	TRAIN RE 1232	11:03	17:10
zernez - Saglians	TRAIN R 1932	64:01	11:00
Malles - Zernez posta	9 SN8	£0:60	10:40
Merano - Malles	TRAIN RE 201	94:70	52:80
Cles - Merano	SUPERALP BUS	00:90	08:70
Location	Means of transport	Departure	IsvirrA

project. Iransfer to Sonthofen by electric vehicles. or the Cooperation Agreement between the Alpine Convention and the Lead partner of the CU2 Neutralp and sustainable energy supply in the Alpine space. The meeting serves also as a frame for the signature ergy, a project wnich uses virtual power systems as an instrument to promote transnational cooperation ity: CU2 Neutralp, which promotes the use of alternative propulsion technologies for transport, and AlpEnof two EIC — European Territorial Cooperation projects dealing with themes related to energy and mobiland Austria. Upon arrival in immenstadt welcome by local authorities and stakeholders and presentation A very early morning start and many train changes take the group from Italy to Germany via Switzerland

Cles/1 > Immenstadt/D > Sonthofen/D



Sonthofen D > Liechtenstein > Thusis CH

Leaving Sonthofen, which was awarded the title of Alpine city of the year in 2005, travel by train through Switzerland and Liechtenstein. The river Rhine marks the border to Switzerland. Visit of the estuary of the Liechtenstein internal canal into the Rhine, subjected to a river re-naturalization process.

On arrival in Thusis, in the canton of Graubünden/Grigioni, welcome cocktail at the presence of local authorities followed by a presentation on the Rhätische Bahn – Rhetic Railway and its Bernina express, an scenic railway connecting Chur or Davos to Poschiavo and Tirano, which was declared a World Heritage Site by the UNESCO in 2008.

Location	Means of transport	Departure	Arrival
Sonthofen - Immenstadt	TRAIN R 39955	08:22	08:35
Immenstadt - Lindau	TRAIN R 38702	08:42	09:34
Lindau - St. Margrethen	TRAIN EC 196	09:55	10:18
St. Margrethen - Buchs SG	TRAIN RE 3811	10:31	10:59
Puche CG Pinnonkanalmiindung	MINIDIIC	11.00	11.15

11.15 - 12.45 Visit and presentation by local experts of the estuary of the Liechtenstein internal canal Lunch in a farm house

Buchs SG - Chur	TRAIN RE 3821	15:01	15:01
Chur - Thusis	TRAIN R 1551	15:48	15:48

18.00 - 18.45 Welcome cocktail with local authorities and representatives of the Canton Graubünden 18.45 - 20.00 Presentation UNESCO World Heritage Rhätische Bahn



Thusis/CH > Zillis/CH > Splügen/CH

of the strategies and activities on local level related to the implementation of the Alpine Dinner with local authorities and representatives of the Province of Trento - presentation

73.35 — 18.40 Walk along the bike path of the Adige River and presentation of different water manage

and activities on local level related to the implementation of the Alpine Convention.

ties and representatives of the Province of Trento. After dinner, presentation of the strategies

Trento is a partner. Transfer to Cles, accommodation at the hotel and dinner with local authori-

agement Strategies against Water Scarcity in the Alps, of which the Autonomous Province of

-Mater Mater Mater Mann of the ETC – European Territorial Cooperation project Alp-Water-Scarce - Water Man-

flow" and the "water balance of the Moce" River, tributary of the Adige River. Finally, presen-

path. Brief exposition of issues related to water management such as the "minimum instream

Transfer to S. Michele all'Adige and walk along the banks of the Adige river, following the bike

the Information Centre, presentation of the hydro – geological hazard and risk management

caused by the collapsing of a mining basin killed 268 people in 1985. After the guided tour of

a candidate site for the UNESCO World Nature Heritage. Transfer to Stava, where a disaster

Marmolada hosts one of the most important glaciers in the eastern Dolomites. Dolomites are

By bus from Belluno to Passo Fedaia, entering here the Autonomous Province of Trento. The

presentation of the hydro - geological hazard and risk management in Irentino.

12:91 04:81 MT4 nis1

SUPERALP! BUS 09:05 09.50

20.30

16.30

S. Michele all'Adige - Cles

lesero – 5. Michele all'Adige

in Trentino with visit on site.

Belluno/1 > Cles/1

·sənssı 1uəw

82.50 - 90.05 Welcome and presentation of places

Accommodation at the hotel

The VIA MALA is an historic hiking route on the trail of two thousand years of history, used by the Rätoromans, the Walsers and the Lombards. In May 1788, Goethe himself actually travelled to Italy through the Via Mala. On the old muleteer's trail, the Viamala can be traversed on a hiking tour starting in Thusis. A canyon with cliffs carved by its torrents, falling three hundred meters into the depth, gives the impression that the mountain is broken in two. Enormous floods of melting water and the consistent gnawing of the river created during centuries a natural spectacle of unique beauty.

After this breathtaking experience, a bus takes the participants to Splügen, a city that was awarded the Wakker Prize for the development and preservation of its architectural heritage. In Splügen thematic excursion on hydropower, comparing the situation of the last decades with the present one. After dinner, lecture on Via Spluga, a long distance hiking trail which links Thusis and Chiavenna and passes through spectacular landscapes such as the narrow Viamala gorge with its 300-metre walls, and the wild Cardinello gorge.

Location	Means of transport	Departure	Arrival
Thusis - Zillis	ON FOOT	09:00	12:30
Zillis - Splügen	BUS	14:45	15:03

15.30 - 17.00 Thematic excursion: Hydropower yesterday and today Lecture on the long distance hiking trail "VIA SPLUGA"





20.00	Ninner			
	onulla8 of Belluno			
08.91 - 08.81	Meeting on water on the Piave Rive	r with local authorities an	d representativ	of the Pro
- Pongarone -	gelluno	SUPERALP! BUS	18:00	18:30
00.81 - 00.71	nwot beyortseb edt to tisiV			
00 01 00 21				
Erto - Longar	9uo.	SUPERALP! BUS	16:30	17:00
00:01 - 00:01	אוצר טו נווב אחלטוג ממנוו		,	
08:91 -00:51	Wisit of the Vajont dam			
Dellach im Di	rautal - Erto	SUPERALP! BUS	11:00	15:00
		31131311323113		

duction and irrigation of the flatland. In the evening meeting on the Piave River. Its waters are extensively used for electricity proone of the major man-caused disasters occurred.

Spittal Millstättersee – Dellach im Drautal TRAIN R 4602 09:08

TRAIN OEC 590 07:55 08:20

Through Val Cellina, the group reaches Erto and visits the Vajont dam where, in October 1963, the border between the Austrian state of Carinthia and the Friuli-Venezia Giulia region of Italy. cross Passo Monte Croce Carnico, a high mountain pass in the Carnic Alps mountain range at Since public transport is not available on this route, the SuperAlp! Bus brings the group to planted on a river shore to fight against erosion and to restore natural state, is presented. where a project of river renaturalization, a process in which herbaceous plants and shrubs are In the morning, travel by train from Mallnitz to Dellach im Drautal (valley of the Drava River),

Mallnitz/A > Belluno/I

09.11 - 11.00 River re-naturalisation: visit on site (river Drava)

Mallnitz – Spittal Millstättersee

Splügen/CH > Clivio/I

Water and soft mobility are the main themes associated with Superalp³: participants have the opportunity to experience the combination of the two topics by travelling by ferry from the peaceful resort of Varenna to the popular town of Menaggio and appreciate the beauty of Lake of Como. After a brief passage through Switzerland and the towns of Lugano and Capolago (a good opportunity to see another famous lake, Lake Lugano), head to Italy and spend the night in Clivio, in the province of Varese, 50 kms northwest of Milan. Here in Val Ceresio we in one of Europe's most interesting paleontological areas (Mount S. Giorgio is UNESCO World

In the evening meeting with local authorities and presentation of the activities on local level related to the implementation of the Alpine Convention.

Chiavenna - Colico TRAIN 12.43 13 Colico - Verenna Esino TRAIN 13.37 14 Varenna - Menaggio FERRY 14.30 14	Location	Means of transport	Departure	Arrival
Colico - Verenna Esino TRAIN 13.37 14 Varenna - Menaggio FERRY 14.30 14	Splügen - Chiavenna	BUS	10.20	12.15
Varenna - Menaggio FERRY 14.30 14	Chiavenna - Colico	TRAIN	12.43	13.16
	Colico - Verenna Esino	TRAIN	13.37	14.06
Managaia Lugana PIIC 15 FF 16	Varenna - Menaggio	FERRY	14.30	14.45
Menaggio - Lugario Bos 15.55 16	Menaggio - Lugano	BUS	15.55	16.57
Lugano - Capolago-Riva S. Vitale TRAIN 17.28 17	Lugano - Capolago-Riva S. Vitale	TRAIN	17.28	17.42
Capolago, Stazione - Porto Ceresio Stazione BUS 532 17.51 18	Capolago, Stazione - Porto Ceresio Stazione	BUS 532	17.51	18.14
Porto Ceresio - Bisuschio-Viggiù TRAIN R 5375 18.36 18	Porto Ceresio - Bisuschio-Viggiù	TRAIN R 5375	18.36	18.40
Bisuschio-Viggiù - Clivio ELECTRIC CAR 18.45 19	Bisuschio-Viggiù - Clivio	ELECTRIC CAR	18.45	19:00

20.00 Meeting with local authorities and representatives of the Region Lombardy and presentation of the strategies and activities on local level related to the implementation of the





Presentation of the project "Bergsteigerdörfer - Mountaneering villages" and dinner The Alpine Pearls Network at the station of Mallnitz 08.81 - 01.87 Official signature of the Memorandum of Understanding between the Alpine Convention and stinlleM - lettiq2 18:06 NIART 17:39

16.00 - 17.30 Visit of the water exhibition at the Museum für Volkskultur – Schloss Porcia SUPERALP! BUS 15:45 16:00 13.15 - 15.45 Buffet and presentation of the initiative "Kärnten Wasserwelten - Carinthia water realm"

WINIBUS Spittal – Millstätter See E-BIKE2 09:30 13:00 Villach - Spittal 90:60 67:80 TRAIN D 314 lesenice - Villach

villages with a consolidated mountaineering tradition. couraging large-scale tourist infrastructure encouraging environmentally friendly tourism in implements the Alpine Convention's Tourism Protocol by promoting public transport, and dis-- Mountaneering villages" promoted by the Austrian Alpine Club (OAV). This project actively sustainability. During dinner presentation of the region and of the project "Bergsteigerdörfer operate in this way and offer their guests holiday pleasure in the Alps based on the notion of palities from Austria, Germany, Italy, France, Slovenia and Switzerland have teamed up to coumbrella brand for sustainable tourism using gentle mobility in the Alpine region. 22 munici-Memorandum of Understanding with the Alpine Pearls will be signed. "Alpine Pearls" is the skultur (Museum for Folk Culture) housed in the Schloss Porcia. By train to Malinitz, where a Following that, transfer to Spittal and visit to the exhibition on water at the Museum für Volkpresentation of the initiative "Kärtnen Wasserwelten - Carinthia water realm".

Transfer to Kap 4613, a floating island in the middle of Lake Millstätter for a buffet and the border to Austria. From Villach to Spittal cycling along the Drava River using electric bikes. In the early morning, transfer by bus to Jesenice and from here by train to Villach crossing the

Mojstrana-Kranjska Gora/SLO > Mallnitz/A

Clivio/I > Alagna/I

Another day, another lake! The group travels by ferry from Laveno to Intra and takes a closer look at Lake Maggiore, the second largest lake in Italy. The mountains are a strong presence around Lago Maggiore, especially snow-capped Monte Rosa. The whole day is spent in Italy, travelling through Lombardy and Piedmont by train and by bus. Overnight in Alagna, a small village, high in the Valsesia alpine valley in the province of Vercelli, that was originally settled by Walser, a German people who started colonizing numerous areas in Austria, Germany, Liechtenstein, Switzerland and France around the start of the year 1000.

Location	Means of transport	Departure	Arrival
Clivio - Bisuschio-Viggiù	ELECTRIC CAR	07:45	08:00
Bisuschio-Viggiù - Varese	TRAIN	08.11	08.26
Varese - Gallarate	TRAIN	08.37	08.51
Gallarate - Laveno	TRAIN	09.13	10.27
Laveno - Intra	FERRY	10.50	11.10
Intra - Omegna	BUS	11.22	12.28
Omegna - Borgomanero	TRAIN R 10383	14.31	14.54
Borgomanero - Romagnano Sesia	TRAIN R 4866	15.30	15.43
Romagnao Sesia - Varallo Sesia	TRAIN R 4844	15.52	16.20
Varallo - Alagna	BUS	16.37	17.32

17.35 - 18.30 Free time

18.35 - 19.45 Visit of the Eco-museum of Alagna

Meeting with local authorities, presentation of the region with particular regard to the 20.00 Walser's culture.





"vesentation of "The Alps — A Bird's Eye View"

Presentation of the tourism project awarded by the "Alpine Convention Tourism Award 2008" 16.30 - 18.00 Hotel in Mojstrana-Kranjska Gora

Bovec - Mojstrana SUPERALP! BUS 15:30 16:30

.qu nəhəsət ot əsvəc time in Bovec to freshen up.

Trnovo - Bovec MINIBUS 14:30 14:30 Boka - Trnovo RAFTING 12:10 14:00

Presentation of the Second Report on State of the Alps on "Water and water management

90.27 -05.90

conservationist Janez Bizjak.

Alpine region) by the Slovenian photographer and adventurer Matevž Lenarčič and the nature and exhibition "the Alps – a Bird's Eye View" (a unique collection of aerial photos of the whole in collaboration with the Permanent Secretariat. In addition, presentation of the photo book competition 2008", which was organized by the French Presidency of the Alpine Convention the Soca/Isonzo River. In Mojstrana, visit to the Slovenian winner of the "Sustainable tourism in Bovec, transfer to Mojstrana-Kranjska Gora by bus. During the trip, stop at the source of the Soča River, known as the "Emerald beauty" because of its emerald green waters. Back SuperAlp!"meets" water. Participants take part to an exciting water experience: rafting down on the State of the Alps on "Water and water management issues". From water to water third edition of Superalp. The meeting serves as occasion for presenting the second Report Local authorities and the head of the Slovenian delegation to the Alpine Convention open the

Bovec/5L0 > Mojstrana-Kranjska Gora/5L0



Alagna/I > Gressoney la Trinité/I

On the last day, the participants take a cable car inaugurated in 2004 to reach Passo dei Salati, the pass between Gressoney Valley and Valsesia Valley. Then, a visit of the scientific institute A.Mosso is planned. Inaugurated in 1907 and destined for the study of Physiology and Botany, it is today a spacious museum that puts its historic cultural heritage of the study of human physiology at high altitudes at the disposal of visitors. It also hosts the Snow and Alpine Soil Laboratory (Lnsa) of the Agrarian Faculty of the University of Torino. The group reached by bike Gressoney-La-Trinité, a town in the Aosta Valley. Amusing activities are planned before heading to the closing ceremony.

agna (m 1212) – Passo dei Salati (m 2971) ON FOOT/CABLE CAR 08:00 10:30 10.30 - 11.45 Visit of the Scientific Institute "A. Mosso" and the meteorological instate "Col d'Olen". Exhi-

bition "La forza dell'acqua – The power of water"

Passo dei Salati (m 2971) – Staffal (m 1818) CABLE CAR 12:30 13:00 Staffal (m 1818) – Gressoney la Trinité MTB 13:00 14:00

Official welcome with local authorities and a aroup of children "Percorsi d'acqua – Water paths" and vision of the cartoon movie "L'acqua a piccolo passi Visit of the Walser Museur Closing ceremony of SuperAlp!3









easily transferable also to other mountain regions of the world. Protocols as tools for the sustainable development of the Alpine region, crossing an occasion to communicate the Alpine Convention and its in all its forms, uses and management issues, and intends to make this walking) the 2009 edition lets participants discover water in the Alps, bus, cableway, without forgetting the most eco-friendly and natural way, Crossing the Alps by using sustainable means of transport (bike, train,

Convention, a Treaty that recognizes the Alps as a whole and unique teres, issues and cultures aiming at improving the knowledge of the Alpine For the third year **SuperAlp!** crosses the Alps linking different territori-

nal Treaty between eight States and the European Community, was sigexploit common opportunities, the **Alpine Convention**, an internatio-In order to find coordinated solutions to common problems and to better

ment of a territory that can exalt its specificities. together to mitigate the effects of climate change, support the developsome valleys, how to promote alpine culture, safeguard biodiversity, act ter and forests for our common interest, how to stop the depopulation of Many are the challenges we have to face together: how to manage wa-

strongly than in many other European regions. million tourists every year. Global challenges impact on the Alps more for about 14 million people, but also the destination for more than 100 always been at the crossroad of cultures. Ioday they are the living space ritory of particular importance, located in the heart of Europe. They have

For historical, geographical and environmental reasons, the Alps are a ter-

The SuperAlp!

19^m - 28^m June 2009



The SuperAlp!



19th Bovec/SLO > Mojstrana-Kranjska Gora/SLO

20th Mojstrana-Kranjska Gora/SLO > Mallnitz/A

21st Mallnitz/A > Belluno/I

22nd Belluno/I > Cles/I

23rd Cles/I > Immenstadt/D > Sonthofen/D

24th Sonthofen/D > Liechtenstein > Thusis/CH 25th Thusis/CH > Zillis/CH > Splügen/CH

26th Splügen/CH > Clivio/I

27th Clivio/I > Alagna/I 28th Alagna/I > Gressoney la Trinité/I



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